

June  
1983

# NEW YORK CYCLE CLUB

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IN ITS 47TH YEAR

June  
1983

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## B RIDES COORDINATOR

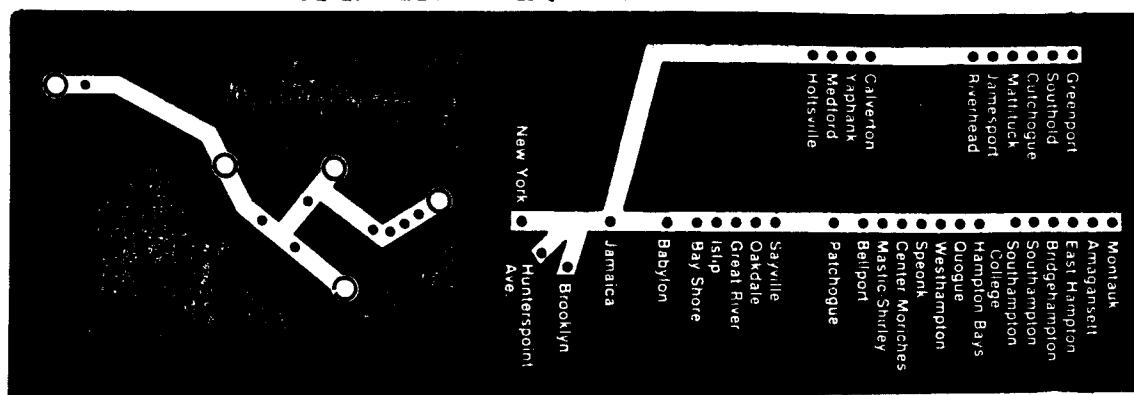
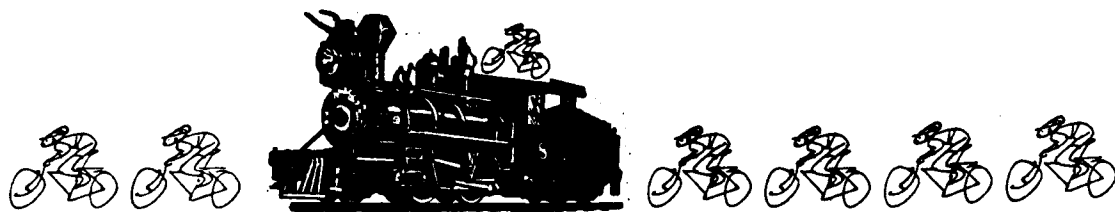
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## PAST PRESIDENT

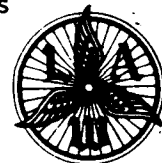
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P.O. BOX 877, BROOKLYN, NY 11202

# Ride Listings

## GUIDELINES FOR CLUB RIDES

NYCC rides are intended to be friendly group rides; we don't like to "drop" or lose anyone. Riders whose physical or bicycle condition seem inadequate for the ride are to be turned back by the leader. Our leaders are truly reluctant to do this, so please cooperate with them:

- 1) Select rides within your capabilities - avoid downgrading the ride for your fellow riders and stressing yourself "trying to keep up" or, conversely, demanding a faster pace than advertised.
- 2) Be on time or a bit early. Rides will leave promptly.
- 3) Have your bike in good condition: both brakes working, properly inflated tires, adjusted derailleurs, no loose parts.
- 4) Bring water, snacks, spare tube, patch kit, pump and lights for after dark.
- 5) Eat a good breakfast.

## RIDE CLASSIFICATIONS

		<u>Riding Pace</u>
"A+": ANIMALS:	Anything goes. Eats up roads, hills and all.	17+ mph
"A": SPORTS(WO)MEN:	Vigorous riding over hill and dale. High regard for good riding style. Can take care of themselves anywhere. Stops every two hours or so.	14-17 mph
"B": TOURISTS:	Moderate to brisk riding along scenic roads, including hills; destination not so important. Stops every hour or two.	11-14 mph
"C": SIGHTSEERS:	Leisurely to moderate riding. Destination oriented: nature, historical, cultural. Stops every half to one hour.	8-11 mph
"D": BEGINNERS:	Very leisurely sightseeing. Discovering bike and their bodies; training up to "C." Frequent stopping and regrouping. Do not believe reports of mere mortals riding 100 miles or more in a day.	-8 mph

Any member may lead a ride. See the respective Ride Coordinator to submit a Ride Listing form: "A" rides: Claire Goldthwaite (228-0828); "B" rides: David Moses (444-5681); "C" rides: Gregory D'Agostino (272-4271)

Central Park Boathouse phone numbers are: 650-9521, 744-9813, 744-9814.

Sat June 4  
"A-" 90 mi  
8:00 am  
HIGH TOR Leader: Doug Blackburn (888-0048). Meet at the Central Park Boat-house for a ride to High Tor State Park in Rockland County. The first food stop will be a deli a few miles from the park. There's a pool in the park if you want to swim.

Sat June 4  
"C" 25 mi  
9:00 am  
SHAZZAM! AND THEN THERE WAS LIGHT BIKE TRIP Leaders: Lorraine Gewirtz (832-9073) and Sherman Cohen (332-1990). Meet at 9:00 am, 33rd Street and 6th Ave, southwest corner, for the PATH train to New Jersey. Cycle to West Orange to visit Glenmont, the 1880 Victorian home of the "Wizard of Menlo Park," Thomas Edison. Bring (or buy) lunch, lock and spare tube. If the weather is uncertain, phone 332-1990 the night before till 10:00 pm. Joint AMC ride.

Sun June 5  
↓  
"A" 90 mi  
7:00 am  
ALL CLASS CLUB RIDE TO TALLMAN STATE PARK. Choose one of three rides ranging from "A" to "C", from New York City to Tallman Park in Rockland County, arriving at 1:30 pm for a picnic lunch and socializing with the rest of the Club. Either bring or buy lunch. If you opt to buy, you may still have to carry your lunch for a mile or two, as the deli closest to the park which we usually use is being renovated and may not be open.  
Leader: Chris Mailing (879-6199). Meet at 7:00 am at the Central Park Boat-house for a ride through New Jersey to Wyckoff and on to Suffern, NY, then down the west side of the Saddle River Valley, through Saddle River and Tappan to Tallman Park. Breakfast in Waldwick. The pace will be brisk and the group will ride in a double pace line (like the "A" training rides). Maps and pace line instructions will be available. Rain cancels.  
"B" 52 mi  
10:00 am  
Leader: David C. Miller (home: 794-9365 and work: 594-5267). Meet at the Central Park Boathouse for an easy "B" ride to Tallman Park. We will ride by the historic Rockleigh Road to the bike path through the park to the picnic spot.  
"C+/C" 40 mi  
10:30 am  
Leader: Phyllis Lehmann (636-5716). Meet Phyllis by the Central Park Boathouse at 10:30 am for a 40-mile "C+" ride, or by the George Washington Bridge Bus Terminal (178 St. and Fort Washington Ave. - "A" train to 175 St.) for a 30-mile "C" ride. Here's a golden opportunity to hobnob with those "A" riders you've been dying to meet. Bring a spare tube and a patch kit.

Sat June 11  
"A-" 85 mi  
8:00 am  
PAMAPO VALLEY RESERVATION Leader: Lee Gelobter (days: 788-2345; eves: 646-7037). Meet at the Tramway Plaza (59th and 2nd Ave) for a moderately hilly ride to the Ramapo Valley Reservation in northwest Bergen County. Call Lee for further details. 50% chance of rain cancels.

Sun June 12  
"A" 95 mi  
8:00 am  
BEAR MOUNTAIN LOCAL-EXPRESS Leader: Richard Herbin (666-2162). Meet at 8:00 am at the Central Park Boathouse or at 8:40 am on the New York side of the George Washington Bridge. It's time to revisit this legendary destination, via the West Shore route - both ways. The dangerous section of 9W between Nyack and Haverstraw will be bypassed with the outbound leg utilizing the notorious Rockland and Nyack State Park adventure trails, negotiated at a leisurely pace, followed by a "making up" time upon return to asphalt. This is a rerun of the April 24 ride cancelled due to rain.

- Sun June 12 **GLEN COVE Leader: Boris Potievsky (381-9064).** Meet Boris at 8:45 am at the statue on Queens Blvd and Union Tpke, for a prompt 9:00 am departure. The ride will be a moderately paced one, with few stops, through Brookeville and Glen Cove.
- Sun June 12 **50-IN-6 (PPR #5- RESCHEDULED) Leader: "Upright" Irv Weisman (562-7298).** Meet at the George Washington Bridge Bus Terminal - 178 St. and Port Washington Ave. (IND "B-" 50 mi 9:00 am "A" train to 175 St.) for the 50-mile route in New Jersey, to be completed in 6 hours. Eat a hearty breakfast and bring lunch and snacks to reduce shopping time. This ride is a prerequisite for Irv's other "B" rides later on.
- Sun June 12 **VIEW MANHATTAN MURALS Leaders: Ann Loeb (289-0176) and Janet Weinberg.** Meet at 10:00 am by the Metro Bike Shop at 88th St. and Lexington Ave. We'll pedal along to view the wide variety of art styles shown in the murals done by artists for Cityarts and the Public Art Fund. View 6 to 10 murals. Bring lunch and lock. Rain cancels.
- Sat June 18 **BIKE TRAIN TO THE STRAWBERRY FESTIVAL Leader: AYH (431-7100).** AYH will be chartering a train to carry you and your bicycle to Mattituck on the North Fork of Long Island, to the annual strawberry festival. You get to choose between picking strawberries, beautiful cycling, or pigging out on strawberry shortcake. The train will return you late on Saturday night. For the truly hardy, there will be a century ride from Penn Station to Mattituck leaving at 6:00 am. You will also return by train and must sign up like the others. See page 11 for the train and fare schedule as well as a registration coupon.
- Sat June 18 **DELAWARE AND RARITAN CANAL Leader: Roy Lawrence (TR 7-2292).** Meet at South Ferry for a 7:30 departure to Staten Island. Bring 25¢ for the ferry and lunch or money for it. This is a long ride over gently rolling central New Jersey to the historic Delaware and Raritan Canal. There are several food stops, including a picnic along the canal bank in East Millstone. Note: We will use the narrow and often littered Goethals Bridge sidewalk crossing - NOT for nervous riders. Rain or high winds cancels.
- Sat June 18 **CARTOP YORKTOWN ROUNDAABOUT AND BARBEQUE Leader: Marsha Taggart (914/962-5991).** Find a friend with a car and drive to Yorktown approximately one hour from NYC. Directions: Get to the Taconic Parkway via the Saw Mill River Parkway, the Sprain Brook Parkway, or Route 287 (the Cross Westchester Expressway). Go north on the Taconic and exit at Underhill Ave., which is the first exit past the Croton Reservoir Bridge as you are going up a big hill. Turn right on Underhill Ave. and drive three miles to Yorktown. Continue straight thru the traffic light and straight past the Shell station. There is free commuter parking on the right. The bike ride will be a combination of Marsha's local rides on all sides of Yorktown including the Croton Dam, Putnam County and Bedford. At the end of the ride (approx. 3 - 4 pm), a barbeque of spare ribs and chicken legs will be held at Marsha's house.
- Sat June 18 **PALISADES BIKING Leader: Fabian Truncellito (564-6592).** Meet at 10:00 am at the southwest corner of 168th St. and Broadway ("A", "AA" or #1 train to 168 St.), or on the New Jersey side of the George Washington Bridge at 10:30 am. Come cycle the ups and downs of scenic, traffic-free Palisades Drive, which is west of 11th Avenue. Bring lunch and spare tube. Rain cancels. Joint AWC ride.
- Sun June 19 **THE SINS OF SODOM Leader: Ed Schweber (567-2661).** Meet at the Central Park Boathouse for a prompt 7:30 am departure. Ride through Southern Connecticut and Eastern Westchester to Sodom, a small town in Southeastern Putnam County. Return through Somers, Ossining and Tarrytown. There will be a diner stop in White Plains and two subsequent deli stops. Rain cancels. Call if uncertain.
- Sun June 19 **SAGAMORE HILL Leader: Alinda Barth (441-5612).** Meet by the statue on Queens Blvd and Union Tpke. (take the "E" or "F" train to Union Tpke) for a Father's Day ride (not limited to fathers) to Sagamore Hill - home of Theodore Roosevelt and the "Summer White House" during his administration. Bring money for admission and your lunch, for a picnic under the trees.
- Sun June 19 **YONKERS PARK/WAVE HILL Leader: Maggie Clarke (home: 567-8272; work: 397-7043).** Meet at the northeast corner of Columbus Circle for a trip to Wave Hill, a museum with lovely grounds and greenhouse on the Hudson River in Riverdale, via Tibbets Brook Park and the Old Croton Aqueduct (dirt) path in Yonkers. There will be some hills. We will make a deli stop and early lunch in Inwood Park. Please bring a properly functioning bicycle, spare tube, lock, tubes, lunch or lunch money and \$2.00 for admissions (\$1.00 for senior citizens). Rain cancels. Rain date - call Maggie. Joint Sierra Club and T.A. ride.

- Sun June 19 "C/D" 15-20 mi 1:00 pm SUMMER GOURMET Leaders: Gregory D'Agostino (272-4271) and Richard Lenat. Skip lunch and get to 59th Street and First Avenue for a pilgrimage through various Queens neighborhoods to the celebrated "Lemon Ice King of Corona." You'll soon learn why he has gained a world-wide reputation. Rain cancels. Joint Friends of the Park ride.
- Sat June 25 "A" 80 mi 9:00 am SAGAMORE HILL Leader: Jim Rex (278-5562). Meet at the Central Park Boathouse for a ride to Sagamore Hill by way of Oyster Bay.
- Sat June 25 "C" 32 mi 9:30 am CONEY ISLAND MERMAID PARADE Leader: Gregory D'Agostino (272-4271) and Arlene Ellner (677-3306). Meet at City Hall Park at 9:30 am. We'll school down to Coney Island for the ribbon-cutting ceremony which officially opens the ocean, followed by the Mermaid Parade. Leader will provide a tape of the Ice-Cream Sailor Waltz so bring your Sony along with your spare tube. Bring lunch or buy it at the world-famous Nathan's. Rain and pirate attacks cancel.
- Sun June 26 "A" 150 mi ALBANY Leader: AYH (431-7100). This is an annual marathon event run by AYH. Precise details are unavailable as we go to press, but usually participation in an earlier AYH century is a prerequisite as is attendance at a pre-trip meeting. Bikers return from Albany that evening by train. Check the AYH June Newsletter or call AYH for further info.
- Sun June 26 "B" 75 mi 9:00 am SCENIC RIDE TO LAKE DEFOREST Leader: David Miller (work: 594-5267; home: 794-9365). Meet at the Central Park Boathouse. We will ride through Tallman Park on the bike path through the woods and then on to Nyack State Park on the bike path along the Hudson, around Rockland Lake and stop for lunch at a small city park on Congers Lake. After lunch we will ride across Lake DeForest and return to Manhattan. Bring your own lunch so that we don't have to ride three miles out of the way for a deli stop. We should return by 6:00 pm. There are a few steep hills; come with low gears.
- Sun June 26 "B" 55 mi 9:30 am PLANTING FIELDS ARBORETUM Leader: Sara Flowers (544-9168). Twist and turn to the arboretum, take a look at the trees, then head for the beach. Bring a few dollars to get into the arboretum (or part of the Sunday paper if you wait outside). Lunch stop at Bayville. Meet at 9:30 am at the statue on Queens Blvd. and Union Tpke. ("E" or "F" train to Union Tpke.).

#### ADVANCE RIDE LISTINGS

- Fri July 1- Mon July 4 "B+" 250 mi 6:30 am SHELTER ISLAND WEEKEND Leader: Martha Ramos (858-9142). Celebrate the Fourth by doing at least a double century the easy scenic way. Join Martha for a four-day trip to Shelter Island. We leave from Hillside Avenue and 179th St. in Queens (last stop on the "E" or the "F" train). The meeting time is 6:30 am in front of the OTB office. We will be staying 3 overnights at an inn on Shelter Island. You are responsible for your own accommodations. Lunch stops en route to and from the island. This is a holiday weekend so it is advisable to reserve early. Call Martha for the name and number of the inn. Bring enough money for food, accommodations, emergencies, etc., and the basic essentials in the way of clothing. Remember, 2 days will be spent travelling to and from the island.

#### 1983 RIDE PREVIEWS

DATE	RIDE	LEADER	CLASS	DISTANCE (miles)
7/1-4	Shelter Island Weekend	Ramos	B+	250+
7/2-3	PBP Qualifier - Syracuse	Bauman/Konski	A+	375
7/2	High Tor State Park	Gelobter	A-	75
7/10	New Hope Century	AYH	A	120
7/10	PPR #6-63 in 7½	Weisman	B	63
7/16	River Road to Tallman Park	Clarke	C	30
7/24	Basking Ridge	Weisman	B	75
7/31	All Class Ride to Bethpage Park	Rides Committee	A/B/C	
8/7	PPR #7 - 75 in 9	Weisman	B	75
8/13	City Island	Clarke	C	38
8/21	PPR #8 - 88 in 10½	Weisman	B+	88
8/29	Paris - Brest - Paris (PBP)	Konski/Audax	A+	750
9/3-5	Montreal in 40 Hours	AYH	A+	375
9/11	PPR #9 - 100 in 10	Weisman	B+	100
9/18	Hi - Point 100 (tentative)	AYH	A/B/C	25 - 125
10/2	Bill Baumgarten Memorial Ride	Rides Committee	A/B/C	
10/8-10	Washington in 24 Hours	AYH	A+	250

# June Club Meeting Program



## PACK RIDING TIPS FROM THE LEADER OF OUR PACK



Carole Chavanne, V.P. Programs

Are you an animal, or striving to be one?  
Would you like to fine-tune your "A rider" or racing techniques?  
Well, then, the Tuesday, June 14th, New York Cycle Club monthly meeting is for you!

Chris Mailing, our strong-riding Club president, will present a talk on one of the most difficult of advanced cycling skills: PACK RIDING. He will cover the principles, practices, and pratfalls of riding "a-wheel," riding in a pack, and the various pack formations commonly used.

Our cocktail party entertainment will feature: SLIDES FROM THE WORLD'S FIRST BICYCLE TOUR OF CHINA.

So, come to Artemis Restaurant around 6 p.m. on Tuesday, June 14. Artemis Restaurant is at 76 Duane Street (just off Broadway), 2 blocks north of City Hall.  
Subway instructions: Lexington Avenue IRT: Brooklyn Bridge stop; A train and Seventh Avenue IRT: Chamber Street Station.

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### U R G E N T : BIKES ON THE LONG ISLAND RAIL ROAD ??? by Martha Ramos

No, it's not an episode on Fantasy Island. On April 13, 1983, a bill unanimously passed in the New York State Assembly that would allow bicycles on the LIRR. The Senate version of the bill (S.3683) is currently being held in the Senate Transportation Committee, and the Transportation Committee will not meet again in 1983.

In order to bring this bill out of committee, I urge you to write or call the following individuals. As Chairperson of the Senate Rules Committee, Senator Anderson can take Bill S.3683 out of the Transportation Committee and push it along, if he wants!

- 1) Majority Leader Warren M. Anderson  
New York State Senate  
Capitol Building - Room 330 Telephone: 518/455-2276  
Albany, N.Y. 12247
- 2) Your own State Senator. You can get his/her name, address, and telephone number from the League of Women Voters: 212/674-8484.

Carbon copy or notice of phone call to:

- 1) New York State Senate Transportation Committee Chairperson Norman J. Levy  
30 South Ocean Avenue Telephone: 516/546-4100  
Freeport, N.Y. 11520
- 2) New York State Senator Carol Berman (Sponsor of Bill S.3683)  
1 Johnson Place Telephone: 212/488-3868  
Woodmere, N.Y. 11598

Time is running out!

PATH Bicycle Permit - by Irene Walter and Martha Ramos

For 30 cents, you can travel 14 miles west (or east) on the Port Authority Trans-Hudson (PATH) Rail Services - with your bike - during off-peak hours.

The train, operating since 1962, connects Herald Square (33 Street), the World Trade Center, Hoboken, Jersey City, and Newark.

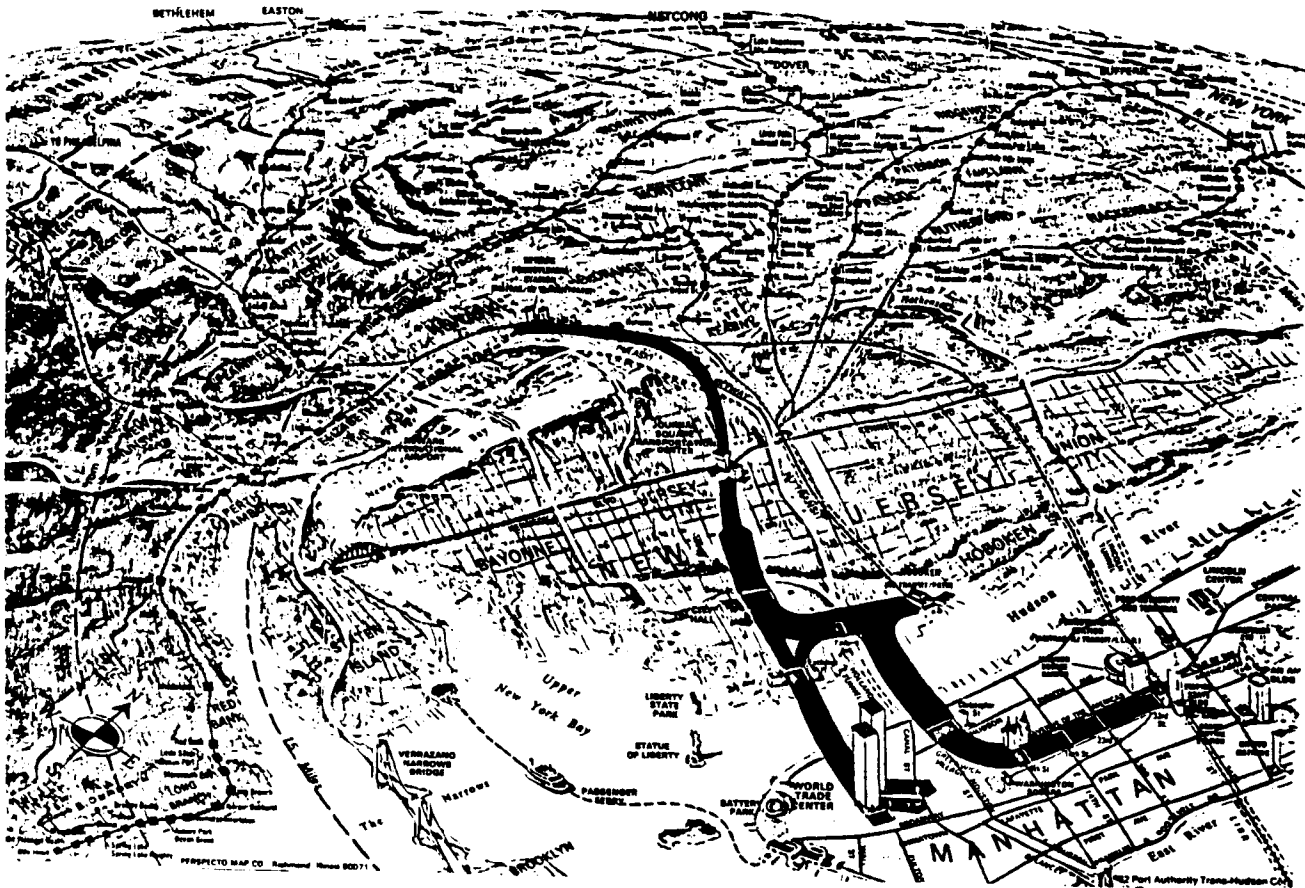
However, you need a permit for your bicycle, which must be available and presented upon request by any PATH employee. This rarely - but not never - happens.

To obtain your permit, complete the application (over), and forward to PATH (the address is on the form).

For PATH travel assistance, call:

Monday through Friday, 9 a.m. to 5 p.m. - 212/466-7649, or 201/622-6600, Ext. 7649  
Other times - 201/963-2558.

And enjoy your ride!



(The heavy black line is the PATH.)

PORT AUTHORITY TRANS-HUDSON CORPORATION

APPLICATION  
PATH BICYCLE PERMIT

NAME \_\_\_\_\_  
First Middle Initial Last

ADDRESS \_\_\_\_\_  
No. Street Apt. No.

\_\_\_\_\_ City State Zip

BIRTH DATE \_\_\_\_\_ Sex ☐ Male ☐ Female  
Month Day Year

I have read and agree to abide by the rules governing the PATH Bicycle Permit (Over).

DATE OF APPLICATION \_\_\_\_\_  
Month Day Year Signature of Applicant

I expect to use the PATH Bicycle Permit

☐ alone or with \_\_\_\_\_ other cyclists  
No.

I expect to use permit primarily on ☐ Saturdays ☐ Sundays ☐ Holidays

☐ weekdays (If weekdays, please check one or more of the following):

☐ before morning rush hour ☐ mid-day ☐ after evening rush hour

I plan to use the permit for

☐ Recreation ☐ Work ☐ School ☐ Other \_\_\_\_\_

I plan to use the permit about \_\_\_\_\_ days a week \_\_\_\_\_ days a month  
No. No.

If use of this permit is seasonal, please indicate primary months of use \_\_\_\_\_

I presently use PATH for other travel (without bicycle)

☐ No ☐ Yes, \_\_\_\_\_ days a week \_\_\_\_\_ days a month  
No. No.

I learned about the PATH Bicycle Permit from

- ☐ PATH Information
- ☐ PATH Police or Employees
- ☐ Publications (Please name) \_\_\_\_\_
- ☐ Bicycle Club (Please name) \_\_\_\_\_
- ☐ Friend or Relative \_\_\_\_\_

Return application to: PATH, One World Trade Center (62W) New York, N.Y. 10048



READ CAREFULLY

The following regulations will be included in your new PATH bicycle permit. Please read before signing application.

1. Fares: Pay the normal fare for each journey.
2. No More Than Two Bicycles per PATH Car.
3. Group Travel Limited: Do not enter a PATH station with more than four accompanying cyclists.
4. Rush Hour Restrictions: Do not enter any PATH station between 6:00 AM and 9:30 AM or between 3:00 PM and 6:30 PM on weekdays (except major holidays).
5. Saturday Restrictions: Do not enter any PATH station in New York City (except World Trade Center) between 1:00 PM and 7:00 PM on Saturdays; do not travel eastbound from any PATH station in New Jersey between 7:00 AM and 2:00 PM on Saturdays.
6. Bicycle Riding Prohibited: Do not ride a bicycle in a PATH car, on station platforms or in any other station area.
7. No Mopeds: Mopeds or other motorized vehicles are not permitted on the PATH system.
8. Permit Must be Available for Inspection: This permit is non-transferable and must be carried with you whenever you are traveling on the PATH system with a bicycle. It must be accessible and must be shown upon request to any PATH employee.
9. Amendment and Revocation: This permit may be amended or revoked by PATH at any time.

THIS IS NOT A PERMIT

Port Authority Trans-Hudson Corporation  
One World Trade Center (62W)  
New York, New York 10048

# ACKNOWLEDGEMENTS

Given the fact that the vast majority of club members do not undertake to lead rides, a special word of thanks is due all those who have. And then there are those truly valiant souls who not only lead rides, but do so consistently from month to month. The following members have submitted at least three rides from March to June: Gregory D'Agostino, Alinda Barth, Doug Blackburn, Maggie Clarke, Sara Flowers, Lee Gelobter, Richard Herbin, Roy Lawrence, Gloria Lasoff, Chris Mailing, David Miller, Marsha Taggart, Bill Vojtech and Irv Weisman.

And let us not forget how much the success of our riding season depends on our three rides coordinators: Gregory D'Agostino, Claire Goldthwaite, and David Moses, who through their own unique combinations of charm, guile and intimidation, recruit our valiant rides leaders.

Thank you, one and all.

Ed Schweber, V.P. Rides



Dave Duerk of Defiance, Ohio.

## June 1983

DAILY WEATHER ALMANAC NEW YORK CITY METROPOLITAN AREA

PHASES OF THE MOON



DAY	TEMPERATURE		PRECIPITATION		SUN RISE/SET
	NORMAL MIN	EXTREME MAX	GREATEST DAILY AMOUNT A YEAR	GRAPEVINE GROWTH SEASON	
1	54	68	0.60	1887	4:25 7:21
2	55	69	0.60	1887	4:27 7:21
3	56	68	0.60	1887	4:26 7:22
4	59	68	0.60	1887	4:26 7:22
5	60	68	0.60	1887	4:26 7:23
6	60	69	0.60	1887	4:25 7:23
7	60	69	0.60	1887	4:25 7:25
8	60	69	0.60	1887	4:25 7:25
9	61	70	0.60	1887	4:25 7:25
10	61	70	0.60	1887	4:25 7:26
11	62	71	0.60	1887	4:25 7:26
12	62	71	0.60	1887	4:24 7:27
13	62	71	0.60	1887	4:24 7:27
14	62	71	0.60	1887	4:24 7:28
15	62	71	0.60	1887	4:24 7:28
16	63	72	0.60	1887	4:24 7:29
17	63	72	0.60	1887	4:24 7:29
18	63	72	0.60	1887	4:24 7:29
19	63	72	0.60	1887	4:24 7:29
20	64	73	0.60	1887	4:25 7:30
21	64	73	0.60	1887	4:25 7:31
22	64	73	0.60	1887	4:25 7:31
23	65	74	0.60	1887	4:25 7:31
24	65	74	0.60	1887	4:26 7:31
25	65	74	0.60	1887	4:26 7:31
26	65	74	0.60	1887	4:26 7:31
27	65	74	0.60	1887	4:27 7:31
28	66	75	0.60	1887	4:27 7:31
29	66	75	0.60	1887	4:27 7:31
30	66	75	0.60	1887	4:28 7:31
AVE	62.6	71.6	2.96	1913	

### LONG-RANGE OUTLOOK

4th-5th: Mostly cloudy, warm and humid with showers and thunderstorms.  
6th: Showers ending, then clear, warm and humid.  
7th-8th: Mostly sunny, rather pleasant.  
9th-10th: Mostly sunny, pleasant.  
11th-12th: Mostly sunny, pleasant.  
13th-14th: Mostly sunny, pleasant.  
15th-16th: Cloudy showers of rain and showers (some heavy).  
17th-18th: Showers ending, then clear and cool.  
19th-20th: Mostly sunny, pleasant.  
21st: Partly sunny, pleasant.

(Courtesy of Maggie Clarke)

## A BELL TOLLS. By Cyclops

There is an empty saddlebag on Louis Berardinucci's front handlebars these days. Louis's constant companion of many years--his dog, who won the Club's Animal of the Year award last year--died in April after a long illness.

Although no words can truly ease the sorrow that must be borne, may you get some comfort in knowing that your loss is shared by many others who understand, Louis.

## Membership Update

The 1983 NYCC Membership Roster will be published in the July 1983 bulletin. At last count, there were 277 members.

## Ads

New member, Class C rider who is training in Central Park to become a Class B rider, seeks training partners. Call Joe Chappelle - day: 369-3500; evenings: 369-9584.

FOR SALE: 22-inch Follis bicycle--531 butted tubing, Nervar cranks, Weinman brakes, Ideale saddle, tubular tires. Great bike for a new "A" rider!  
Call Maurice Astri, 249-7669.



METROPOLITAN NEW YORK COUNCIL, INC.  
AMERICAN YOUTH HOSTELS

### SUMMER LEADERS ARE STILL NEEDED

Each summer we need leaders for about 150 trips, ranging in length from one to ten weeks. We are looking for people who are creative, compassionate, flexible, energetic, fun to be with, and would like to share a journey with a small group of teens or adults. The folks we look for have the ability to bring a group together, to provide strength and guidance.

New leaders, who can be of any age over (and including) 21, are required to successfully complete a personal interview and one of our seven - day leadership and evaluation courses. Each course is run as an actual biking, camping and hosting trip through the beautiful hills of New England. With emphasis on first aid, group dynamics, bike repair, meal planning and preparation, camping skills, sensitivity techniques, hosting customs and environmental awareness, we try to give our leaders-to-be a true feel of what an AYH trip can be like.

If you think you are the person we are looking for, then please contact us for more information.

AYH Leadership Dept.  
132 Spring St.  
NYC 10012 tele# 431-7100

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## REAL CYCLISTS WEAR

☞ shorts in the summer  
☞ pockets on their backs  
☞ gloves without fingers  
☞ tights in the winter  
☞ Gore-tex in the rain  
☞ reflective material at night...

If you think it all sounds a bit much...  
check it out at Transportation Alternatives'

## BICYCLE CHIC Protagos Fashion Show Nite

→ DATE: Monday, June 6, 1983

TIME: 7:30 p.m.

PLACE: T.A. headquarters,  
2121 Broadway  
(at 74th St.)

ADMISSION: free!

20% discount to T.A. members  
10% discount to

EVERYONE IN ATTENDANCE!

PLUS!

Summary and conclusion from *Rish for Pedals* conference.  
Refreshments and more!

Mark your calendar now! Don't miss this fun-filled evening!



Metropolitan New York Council, American Youth Hostels, Inc.  
132 Spring Street  
New York, NY 10012 (212) 431-7100

Enclosed please find my check in the amount of \$ \_\_\_\_\_. Please  
send \_\_\_\_\_ BIKE TRAIN tickets to the address below. I am enclosing a stamped,  
self-addressed envelope for a faster reply.

NAME \_\_\_\_\_ AYH PASS # \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

STATION BOARDING \_\_\_\_\_ CYCLING FROM \_\_\_\_\_  
(Manhattan or Brooklyn)

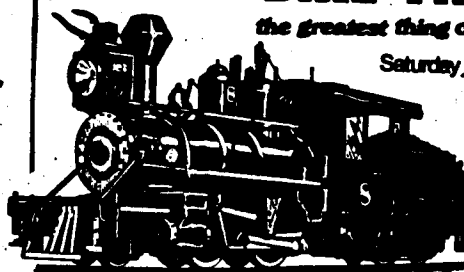
Strawberry  
Festival



# BIKE TRAIN

the greatest thing on wheels

Saturday, JUNE 18



### ROUND TRIP TRAIN FARES

	AYH members	Non-members
Until June 4th	\$ 12.00	\$14.00
June 5 until June 18	14.00	16.00
On the train (if space is available)	\$17.00	\$ 17.00

### BOARDING POINTS AND TIMES

Please arrive 15 minutes early for bike loading!

Hunters Point LIRR station..... 8:15 AM  
(Queens)

Jamaica LIRR station (Queens)..... 9:00 AM

Mineola LIRR station..... 9:30 AM

Hicksville LIRR station..... 10:00 AM

We will also have AYH bike groups forming  
at the following two locations so that we can  
bicycle together to the nearest LIRR stop.

Manhattan - 59th Street & Fifth Ave.. 7:45 AM  
(Cycling to Hunters Point)

Brooklyn - Grand Army Plaza entrance.  
to Prospect Park..... 7:45 AM  
(Cycling to Jamaica station)

We will be returning late on Saturday night  
(9:25 PM to Hicksville, 10:56 PM to Hunters  
Point)....so bring bike lights and vests if  
you plan to cycle back home!

## Board of Directors Meeting

### SUMMARY OF THE MAY 1983 BOARD OF DIRECTORS MEETING MINUTES (UNAPPROVED):

1. The Board approved a maximum of \$50 to have 1,000 "Safe Bicycling in New York City" brochures printed for distribution at the Pepsi Marathon. The Board also approved the Public Relations Committee's request to write to Henry Stern, new Parks Commissioner, regarding bicycle safety in Central Park and subsidization of the above brochure printing.
2. The Board voted to send letters to the State Senate supporting the recently adopted Assembly bill to allow bicycles on the LIRR off-peak.
3. The Board discussed a request by Irv Weisman that the rights of nonsmokers attending the membership meetings be protected; and it was decided that a no-smoking section be delineated by means of signs and announcements.
4. American Youth Hostels' recruiting drive for leaders for its summer trips (all expenses paid) was discussed.
5. The next Board meeting was scheduled for June 7.

Copies of the minutes are available from Maggie Clarke.

**FIRST CLASS**

DAVID C. MILLER  
410 East 75th Street #1C  
New York, New York 10021  
212-794-8385



APPLICATION FOR MEMBERSHIP IN THE NEW YORK CYCLE CLUB

As a N.Y.C.C. member, I accept full personal responsibility for obeying all traffic regulations and for my own safety on the road. I will hold the Club, its officers and ride leaders blameless in case of accident.

NAME(S) \_\_\_\_\_ PHONE H. \_\_\_\_\_

B. \_\_\_\_\_

ADDRESS \_\_\_\_\_ APT. \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

DATE \_\_\_\_\_ AMT. OF CHECK \_\_\_\_\_ NEW \_\_\_\_\_ RENEWAL \_\_\_\_\_

WHERE DID YOU HEAR OF N.Y.C.C.? \_\_\_\_\_

OTHER CYCLING CLUB MEMBERSHIPS: (CIRCLE) AMC AYH Bikecent. CCC CRCA IBTS LAW TA  
OTHER: \_\_\_\_\_

1983 membership dues are \$11.00 per individual, \$14.00 per couple residing at the same address and receiving only one newsletter. Mail this application, with your check, to:

The New York Cycle Club, Inc.  
P.O. Box 877  
Brooklyn, N.Y. 11202